



2022 Professional Development Catalog

This catalog is intended for the public. Freeman employees may access the full education catalog on the Intranet, Main Menu, Education, Course Catalog. Additional courses and training available for current employees.

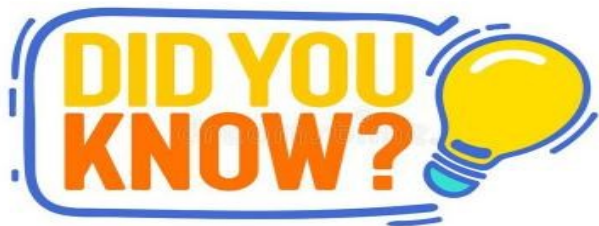
The Association of Medicine

(formerly Institute of Medicine)

Freeman Health System recognizes that preparing healthcare professionals to share a common vision across the health professions centered on a commitment to, first and foremost, meeting patients' needs as envisioned in the Quality Chasm Report (Institute of Medicine, 2001), is essential for all of our programs and education provided to Freeman staff. We agree that "all health professionals should be educated to deliver patient-centered care as members of an interdisciplinary team emphasizing evidence-based practice, quality improvement approaches, and informatics" (IOM, 2006). As such, you can review the definitions of each core competency as they have been integrated into all educational offerings to ensure that we are focusing on educational efforts based on the recommendations from the National Association of Medicine.

Core Competency Definitions:

- ***Provide patient-centered care*** identify, respect, and care for patients' differences, values, preferences, and expressed needs; relieve pain and suffering; coordinate continuous care; listen to, clearly inform, communicate with, and educate patients; share decision making and management; and continuously advocate disease prevention, wellness, and promotion of healthy lifestyles, including a focus on population health.
- ***Work in interdisciplinary teams*** cooperate, collaborate, communicate, and integrate care in teams to ensure that care is continuous and reliable.
- ***Employ evidence-based practice*** integrate best research with clinical expertise and patient values for optimum care, and participate in learning and research activities to the extent feasible.
- ***Apply quality improvement*** identify errors and hazards in care; understand and implement basic safety design principles, such as standardization and simplification; continually understand and measure quality of care in terms of structure, process, and outcomes in relation to patient and community needs; design and test interventions to change processes and systems of care, with the objective of improving quality.
- ***Utilize informatics*** communicate, manage knowledge, mitigate error, and support decision making using information technology.



Freeman employees receive more than
\$2,500 worth of FREE courses
depending on the requirements of their
job description!

Course fee information for 2022

- Course costs are always \$0 for regular Freeman employees who have the requirement listed in their job description.
- PRN employees who work 72 hours or more in a six week period will be eligible to receive their required unit education for free.
- PRN employees who work 71 hours or less will be required to pay the "Non-Required Employee/Community Cost" as listed in each of the course descriptions in this catalog and will be eligible to take the course with paid hourly time.
- All employees without the course listed in their job description will pay the "Non-Required Employee/Community Cost" as listed in each of the course descriptions in this catalog, as well as take the course with unpaid hourly time.



INFORMATION

Professional Development Department
Central Office – East Campus 2nd Floor (across from Radiology)

Department Hours

Monday-Friday 7:30am - 4:00pm;

Closed Daily 12:30pm - 1:00pm

932 E. 34th Street

Joplin, MO 64804

417.347.2520 fax

CLASSROOM LOCATIONS

PDA 1: Annex building, lower level on East side

PDA 2-3: Annex building, lower level on West side

PDA Break Room: Annex building, top level

PDC 4-9: East hospital, 2nd floor, across from Radiology

PDC Conference Room: East hospital, 2nd floor, across from Radiology

PDC Simulation Lab: East hospital, 2nd floor, across from Radiology

Conference Rooms 1 E-3E: East hospital 1st floor by Dialysis

Computer Lab 4E: East hospital 1st floor

INSTRUCTIONAL METHODS

Blended

Also known as hybrid or mixed-mode courses, these are classes where a portion of the traditional face-to-face instruction is replaced by web-based learning. Computer skills are necessary in this type of learning environment.

Instructor Led

These courses deliver classes in a traditional, classroom style focusing instruction in a face-to-face learning method.

Online

These courses deliver a series of lessons to a web browser or mobile device, to be conveniently accessed anytime, anyplace. Computer skills are necessary in this type of learning environment.

BOOK CHECK-OUT LOCATIONS

East campus (central library): Located in the Professional Development Central Office. Hours are Monday-Friday, 7:30 am to 4:00 pm. All books are available at this location. **Non-Freeman employees must check their books out from the Central Library location.**

West campus: Located in the Nursing Resources Office (by cafeteria) and is open 24/7. This location keeps the following books in limited supply: BLS for Healthcare Providers, ACLS, and PALS.

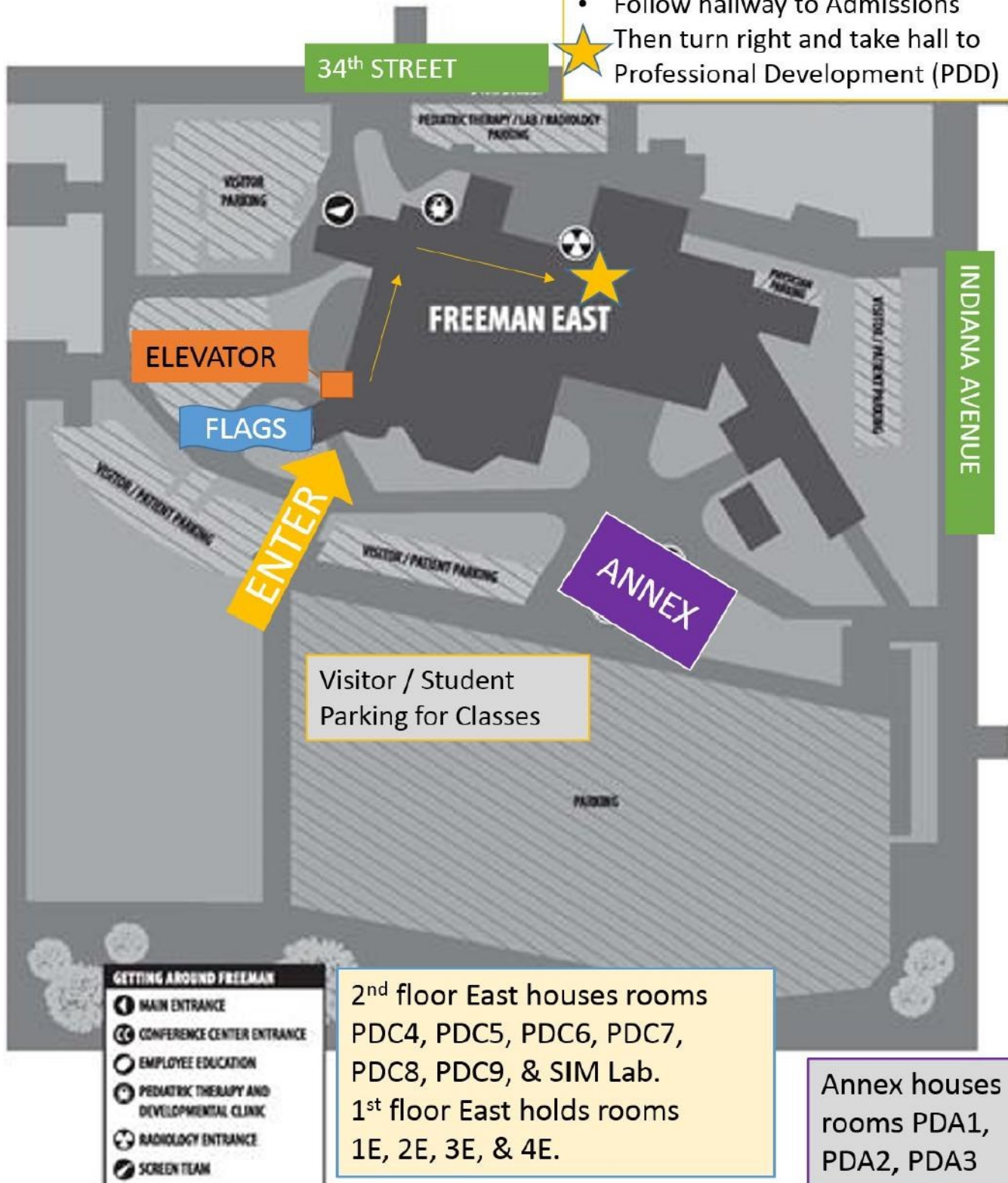
Neosho campus: Located in the Administrative offices. Please check with Neosho staff for days and hours of availability. This location keeps the following books on demand: BLS for Healthcare Providers, ACLS, and PALS.

If a location is out of a book please come to central library for book checkout.



932 E. 34th Street, Joplin, MO 64804

- Park in South Visitor Parking,
- Enter at Flags (yellow arrow)
- You will be on 1st floor
- To your left, take elevator to 2nd floor
- Follow hallway to Admissions
- Then turn right and take hall to Professional Development (PDD)



General Criteria For Freeman Course Participants

The general criteria listed below are the same for all mandatory and non-mandatory sessions.

- The participant must be available to attend the training on the given dates.
- Participants must complete the full course before proof of completion is provided
- If a participant no call, no shows to a course they will forfeit their payment for the course. Participants may incur additional fees to reschedule a course that was marked as no call, no show
- If you are ill the day of your scheduled courses, please contact Professional Development by phone at 417-347-5830 or email professionaldevelopment@freemanhealth.com.
- Additional questions about COVID screening or exclusion criteria, please contact Professional Development

Learning Facilities

- The campus offers comfortable training facilities that are conducive to learning. Participants need to dress for an air-conditioned environment.
- East Cafeteria and surrounding restaurants are available and provide refreshments at a reasonable cost.
- Freeman is a smoke-free site. Smoking is not permitted anywhere within hospital grounds. This includes all garden and car park areas.
- At this time, masks are required based on Freeman Health System's COVID masking policy. Participants are expected to arrive with their own mask. Cloth masks are acceptable in non-patient care areas.

Training Delivery & Assessment

- All services offered are based on the principles of adult learning.
- All trainers hold relevant teaching/assessing qualifications and/or industry experience.

Certification

- Certificates of attendance will be issued upon completion of the course.
- Additional fees apply for additional or replacement cards

AHA Training Center

- Those seeking to be aligned with Freeman's AHA Training Center must sign and agree to the AHA Center Guidelines and Procedures.
- Freeman limits the instructor to student ratio to 1:6
- All new instructors must be monitored by Freeman faculty within their first 6 months
- All renewing instructors must be monitored 1 time within the 2 year renewal period
- A fee per course roster will be applied based on the number of students in attendance for each class the instructor offers

Grievance

Customer complaints, appeals and grievances in relation to education and training will be handled by the Professional Development director.

Professional Development Scoring Rubric

Scoring Term	Definition	Result
Passed	Participant functions independently without supporting cues and successfully completes all learning objectives and skill requirements of the course. Attendance is followed per FHS policy & procedure.	Certificate of completion issued to the participant
Failed	Participant fails to meet any and all criteria to successfully pass the course. Attendance is followed per FHS policy & procedure.	Certificate of completion will not be issued to the participant. Instructor of the course will attempt immediate remediation prior to marking a participant as failed
No-Show (Excused)	Participants who do not attend or are late to class due to the following, as stated in FHS Attendance Policy: Approved leave of Absence including Medical leave of absence including Medical Leave or Family Medical Leave or Family Medical Leave: Scheduled and approved PTO; Jury Duty; Workers Compensated Time Off; Bereavement leave. Documentation is supported in email by the Unit Director/Manager.	Certificate of completion will not be issued to the participant. Participant may reschedule their course at no additional fee, unless the next scheduled course is outside of the accrediting company's window for initial purchase.
No-Show (Not Excused)	Participants who do not attend or are late to class who fall outside of the parameters of a "No Show-Excused" absence. Documentation is supported in email by the Unit Director/Manager or Unit Director/Manager fails to respond in the appropriate timeframe as stated in FHS policy & procedure.	Certificate of completion will not be issued to the participant. Participant may be required to pay additional fees to attend a rescheduled course.

Courses Related to Emergency Medicine (continued)

Trauma Nursing Core Course (TNCC) Pre-Course Modules

Trauma Nursing Core course (TNCC) is a course that teaches critical thinking and clinical decision-making in the care of the trauma patient. The focus is on the primary and secondary survey and initial intervention. There are individual chapters for special populations, including the older adult, bariatric patient, the pediatric patient, the patient who has experienced interpersonal violence, and the pregnant trauma patient.

Technical Requirements: Adobe Flash Player 10.3 or later, and one of the following browsers: Windows: Internet Explore 8 and later, Microsoft Edge (latest version), Google Chrome (latest version); HTML5 Windows: Google Chrome (latest version); Mac: Safari 7 and later, Google Chrome (latest version); Mobile: Safari in Apple iOS 7 and later, Google Chrome (latest version) in Android OS 4.1 and later.

Prerequisite: None

Instructional Method: Online

Instructors: Susan Garrison, RN, BSN

Required Employee Cost/Non-Required Employee/Community Cost: included with TNCC Course Cost

Trauma Nursing Core Course (TNCC) (2day)

This 2-day course sponsored by the Emergency Nurses association is the premier course for hospitals and trauma centers worldwide, empowers nurses with the knowledge, critical thinking skills and hands-on training to provide expert care for trauma patients. At successful completion of the course, participants will be able to perform rapid identification of life threatening injuries, comprehensive patient assessment and enhanced intervention for better patient outcomes.

Comments: Successful completion of the course requires 80% or greater on the multiple choice exam and 70% or greater on the skill station evaluation.

Prerequisite: Successful completion of Pre-Course Modules

Instructional Method: Blended

Instructors: Chris Hoag-Apel, RN; Susan Garrison, RN, BSN and FHS adjunct instructors

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$385

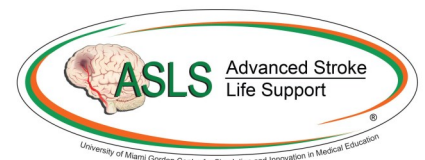
Supplies: RN candidates with successful completion with received the ENA TNCC 4 year provider verification card. Per ENA guidelines, books are to be picked up at least 30 days prior to the class date.

Per ENA guidelines, TNCC books must be picked up 30 days or more in advance of your scheduled class. Books are available at the East Library.
See page 3 for details and library hours.

Books may be reserved by calling 417.347.5830 prior to pick up.

Advanced Stroke Life Support (ASLS) (1 day)

This course addresses the prehospital, emergency department and stroke unit management of patients with acute stroke. Using interactive discussions, hands-on workshops, multimedia (video case-based scenarios) and standardized patient simulations (for stroke syndrome identification and management decision-making), the course includes a discussion of the differential diagnosis of stroke, rapid recognition of five major stroke syndromes, training in the use of the Miami Emergency Neurologic Deficit (M.E.N.D.) exam (based on the National Institutes of Health Stroke Scale and incorporating the Cincinnati Prehospital Stroke Scale), education regarding the use of thrombolytic therapy in acute ischemic stroke patients, and a detailed discussion of the acute care of stroke patients in the hospital, including prevention of medical complications, rehabilitation in the acute setting, the diagnostic evaluation, secondary stroke prevention strategies, and discharge planning for the patient and family. This course is appropriate for both new and experienced providers, particularly nurses and physicians who work in the emergency departments, stroke unit, and stroke unit equivalents.



Prerequisite: None

Instructional Method: Seated

Instructors: Sharlyn Spleen, RN, Susan Garrison, RN, and Lorraina Porter, RN

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$30

Supplies: ASLS Participant Manual which is available during the class—must be returned after class completion.

If you are unable to make it to a class you are scheduled to attend, please call 417-347-5830, email professionaldevelopment@freemanhealth.com, or text 417-347-6608 to notify Professional Development if you will not be in attendance.

AWHONN Intermediate Fetal Heart Monitoring (2 day)

This comprehensive 2-day instructor-led course is critical for enhancing and validating nurses and physicians' ability to interpret and respond to fetal heart monitoring tracings. Skills taught and knowledge assessed include maternal and fetal physiology, interpretation of fetal and uterine monitor tracings, evaluation of auscultated fetal heart sounds, Leopold's Maneuvers, placement of fetal spiral electrodes and intrauterine pressure catheters, and evaluation of and strategies for enhancing communication. The course is presented to approximately 15,000 clinicians a year and may be used as a competency assessment to validate the knowledge and skills of perinatal clinicians who utilize fetal monitoring and includes a post-test to assess participant knowledge.

Comments: This course assumes that the participant has completed entry-level fetal monitoring education and is designed for clinicians who utilize fetal heart monitoring in the intrapartum setting.

Note: Basic computer skills are necessary to complete this training.

Prerequisite: Introduction to Fetal Heart Monitoring

Instructional Method: Seated

Instructors: Gina Anderson, RN; and Marcia Chesney, RN

Required Employee Cost: \$0 Non-Required Employee/Community Cost: \$300

Supplies: Online access code and certification card, books and materials.



The S.T.A.B.L.E. Program (1 day)

Based on a mnemonic to optimize learning, retention and recall of information, S.T.A.B.L.E. stands for the six assessment and care modules in the program: Sugar, Temperature, Airway, Blood pressure, Lab work, and Emotional support. A seventh module, Quality Improvement stresses the professional responsibility of improving and evaluating care provided to sick infants.

Comments: Courses will be held at East Campus

Note: Basic computer skills are necessary to complete this training.

Prerequisite: None

Instructional Method: Seated

Instructors: Rhonda Mattingly

Required Employee Cost: \$0 Non-Required Employee/Community Cost: \$140

Supplies: Online access code and certification card, books and materials.



Neonatal Resuscitation Program (NRP) Provider Part I

The Neonatal Resuscitation Program® (NRP®) course conveys an evidence-based approach to care of the newborn at birth and facilitates effective team based care for healthcare professionals who care for newborns at the time of delivery. NRP utilizes a blended learning approach, which includes online testing, online case-based simulations, and hands-on case-based simulation/debriefing that focus on critical leadership, communication, and team-work skills.

Comments: This online exam is to be completed prior to the Part II (skill demonstration)

Note: Basic computer skills are necessary to complete this training.

Prerequisite: None

Instructional Method: Online

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$140

Supplies: Online access code and certification card, books and materials.



Neonatal Resuscitation Program®

Neonatal Resuscitation Program (NRP) Provider Part II

Successful completion of NRP Part I is required prior to enrollment in this course.

Prerequisite: NRP Part 1

Instructional Method: Instructor Led

Instructors: Jennifer Meyer, RN; Minette Woolven, NNP-BC; Rebekah Liles, RRT

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$140

Supplies: Online access code and certification card, books and materials.

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FREEMAN POLICY ALERT: Freeman Health System recognizes certification in Basic Life Support (BLS), Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS) through the American Heart Association. No other courses will be granted as course completion and/or be accepted for progressing from Basic Life Support to an advanced level

Basic Life Support (BLS) (Joplin and Neosho Locations)

AHA BLS for Healthcare Providers (Open Lab) The American Heart Association's HeartCode Complete allows learners to fully complete their BLS training at their own pace, with courses delivered through the RQI Partners' own RQI1Stop platform. The program delivers detailed debriefing after each online learning module and real-time audio and visual feedback during skills sessions to ensure learners are receiving the highest-quality training possible. After completing their assigned course, learners earn an AHA eCard valid for two years. By combining comprehensive online learning with hands-on skills practice and testing, HeartCode Complete delivers consistent, quality resuscitation training across a healthcare organization at a pace that is right for every individual.

Comments: BLS renewal must be completed every 2 years.

Note: Basic computer skills are necessary to complete this online training. This course is designed as an open lab, meaning employees may come and go within the start and end time for class to complete the AHA education.

Prerequisite: None

Instructional Method: Blended

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$165

Supplies: Online access code and certification card, books and materials.

AHA BLS for Healthcare Providers (Instructor Led) AHA's BLS Course has been updated to reflect new science in the 2020 AHA Guidelines Update for CPR and Emergency Cardiovascular Care. The BLS course is designed to teach healthcare professionals how to perform high-quality CPR individually or as part of a team. Features: Course uses learning stations for practice of essential skills simulated clinical scenarios that encourage active participation - Hands-on class format reinforces skills proficiency - Classroom-based works well for learners who prefer group interaction and instructor feedback while learning skills

Instructional Method: Instructor Led

Instructors: Susan Garrison, RN, BSN; Rebecca Crawford, RRT, BA

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$165

Supplies: Book with certification card

AHA BLS Instructor Course- Joplin Location Becoming an American Heart Association instructor is easy after consulting with an American Heart Association Training Center to find out whether the Training Center (TC) is accepting new instructors and the TCC's (Training Center Coordinator) preferred course delivery. The steps are simple – get started today!

1. Be accepted by your local AHA Training Center before enrolling in an Instructor Course and have a completed Instructor Candidate Application on file with that Training Center.
2. Have current AHA provider status in the discipline for that Instructor Course and be proficient in all the skills of that discipline. Disciplines include ACLS, BLS, PALS, PEARS and Heartsaver®.
3. Successfully complete the discipline-specific classroom Instructor Course.
4. Successfully be monitored teaching your first course within six months of completing the discipline-specific classroom Instructor Course. Training Center Coordinators can require additional monitoring.

Students must purchase online key prior to class.

Comments: BLS renewal must be completed every 2 years.

Note: Basic computer skills are necessary to complete this online training.

Prerequisite: BLS Instructor Card

Instructional Method: Blended

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$225

Supplies: At the completion of the course the student will receive a certification card.

If you are unable to make it to a class you are scheduled to attend, please call 417-347-5830, email professionaldevelopment@freemanhealth.com, or text 417-347-6608 to notify Professional Development if you will not be in attendance.



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Basic Life Support (BLS) Continued

AHA BLS Instructor Renewal Course– Joplin Location BLS Instructors must attend updates as required within the previous 2 years of their cards expiration date. Updates may address new course content or methodology and review Training Center, regional and national ECC information.

Comments: BLS Instructor renewal must be completed every 2 years.

Note: Basic computer skills are necessary to complete this online training.

Prerequisite: BLS Instructor Card

Instructional Method: Blended

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$110

Supplies: Online access code and certification card, books and materials.

Advanced Cardiac Life Support (ACLS)

AHA ACLS (Instructor Led-2 day for new or expired certifications) AHA's ACLS Course has been updated to reflect new science in the 2020 AHA Guidelines Update for CPR and Emergency Cardiovascular Care. This course builds on the foundation of lifesaving BLS skills, emphasizing the importance of continuous, high-quality CPR, high-performance team dynamics and communication, systems of care, recognition and intervention of cardiopulmonary arrest, immediate post-cardiac arrest, acute dysrhythmia, stroke, and acute coronary syndromes (ACS).

Comments: ACLS renewal must be completed every 2 years.

Instructional Method: Instructor Led

Instructors: Susan Garrison, RN, BSN; Rebecca Crawford, RRT, BA

Prerequisite: ACLS online pre-test with a score of 70% or higher

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$225

Supplies: Book with certification card

AHA ACLS (Instructor Led Renewal-1 day) AHA's ACLS Course has been updated to reflect new science since the 2020 AHA Guidelines Update for CPR and Emergency Cardiovascular Care. This course builds on the foundation of lifesaving BLS skills, emphasizing the importance of continuous high-quality CPR. This advanced course highlights the importance of high performance team dynamics and communication, systems of care, recognition and intervention of cardiopulmonary arrest, immediate post-cardiac arrest. Acute dysrhythmia, stroke and acute coronary syndromes (ACS).

Comments: ACLS Renewal must be completed every 2 years.

Note: Must pass ACLS online pre-test with a 70% or above

Instructional Method: Instructor Led

Instructors: Susan Garrison, RN, BSN; Rebecca Crawford, RRT, BA

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$225

Supplies: Book with certification card

AHA ACLS (Open Lab) the American Heart Association's HeartCode complete allows learners to fully complete their BLS training at their own pace, with courses delivered through RQI Partners' own RQI1Stop platform. The program delivers detailed debriefing after each online learning module and real-time audio and visual feedback during skills sessions to ensure learners are receiving the highest-quality training possible. After completing their assigned course, learners earn an AHA eCard valid for two years.

Note: Basic computer skills are necessary to complete this online training. This course is designed as an open lab, meaning employees may come and go within the start and end time for class to complete the AHA education.

Prerequisite: None

Instructional Method: Blended

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0

Non-Required Employee/Community Cost: \$225

Supplies: Online access code and certification card, books and materials.

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Pediatric Advanced Life Support (PALS)

AHA PALS (Instructor Led- 2-day course for new or expired certifications) The AHA's PALS Course has been updated to reflect new science in the 2020 AHA Guidelines Update for CPR and ECC. This classroom, instructor-led course uses a series of videos and simulated pediatric emergencies to reinforce the important concepts of a systematic approach to pediatric assessment, basic life support, PALS treatment algorithms, effective resuscitation and team dynamics. The goal of the PALS Course is to improve the quality of care provided to seriously ill or injured children, resulting in improved outcomes.

Features:

Classroom-based courses work well for participants who prefer group interaction and instructor feedback while learning

Course includes realistic, clinical scenarios that encourage active participation – delivered through actual pediatric patient videos and lifelike simulations

Course is comprehensive and includes our systematic approach to assess and treat pediatric patients in emergency situations

Course uses a hands-on class format to reinforce skills proficiency

Co-branded with the American Academy of Pediatrics (AAP)

Comments: PALS renewal must be completed every 2 years.

Prerequisite: Must pass PALS online pre-test with a 70% or above.

Instructional Method: Instructor Led

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$225

Supplies: Includes participant manual.

AHA PALS (Instructor Led Renewal-1 day renewal course) This American Heart Association workshop is designed to improve the quality of care provided to seriously ill or injured children, resulting in improved outcomes. This program is designed for physicians, nurses, paramedics, and respiratory therapists, who either direct or participate in resuscitation of a infant or child, whether in or out of the hospital. The update course is for those who have had PALS within the last 2 years.

Comments: PALS renewal must be completed every 2 years.

Prerequisite: Must pass PALS online pre-test with a 70% or above.

Instructional Method: Instructor Led

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$225

Supplies: Includes participant manual.

AHA PALS (Open Lab) The American Heart Association's HeartCode Complete allows learners to fully complete their PALS training at their own pace, with courses delivered through RQI Partners' own RQI1Stop platform. The program delivers detailed debriefing after each online learning module and real-time audio and visual feedback during skills sessions to ensure learners are receiving the highest-quality training possible. After completing their assigned course, learners earn an AHA eCard valid for two years.

Note: Basic computer skills are necessary to complete this online training. This course is designed as an open lab, meaning employees may come and go within the start and end time for class to complete AHA education.

Prerequisite: None

Instructional Method: Blended

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$225

Supplies: Online access code and certification card, books and materials.

AHA PALS Instructor Course The PALS Instructor Course is designed to prepare instructor candidates to teach AHA instructor-led and blended learning courses. The course educates instructor candidates on how to adequately use AHA instructor teaching materials, ensure that participants meet learning objectives, offer participant coaching skills, provide an objective skills performance evaluation, and follow AHA instructor and course policies. The course covers core content and discipline-specific content required to teach AHA courses. Candidates who successfully complete the PALS Instructor Course, followed by course monitoring, will receive a PALS Instructor card, valid for two years. PALS instructors are then able to teach PALS Provider and HeartCode PALS Hands-on Sessions, as well as the PEARS Instructor-led Course.

Comments: PALS Instructor renewal must be completed every 2 years.

Prerequisite: Current PALS Provider certification

Instructional Method: Blended

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$225

Supplies: Book with certification card.

AHA PALS Instructor Renewal Course The PALS Instructor Course is designed to prepare instructor candidates to teach AHA Instructor-led and blended learning courses. The course educates instructor candidates on how to adequately use AHA instructor teaching materials, ensure that participants meet learning objectives, offer participant coaching skills, provide an objective skills performance evaluation, and follow AHA instructor and course policies. The course covers core content and discipline-specific content required to teach AHA courses. Candidates who successfully complete the PALS Instructor Course, followed by course monitoring, will receive a PALS Instructor card, valid for two years. PALS instructors are then able to teach PALS Provider and HeartCode PALS Hands-on Sessions, as well as the PEARS Instructor-led Course.

Comments: PALS Instructor renewal must be completed every 2 years.

Prerequisite: Current PALS Provider certification

Instructional Method: Blended

Instructors: Susan Garrison, RN, BSN or Rebecca Crawford, RRT, BA

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$110

Supplies: Book with certification card.

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BLS Specialty Courses

AHA Family and Friends (2 hours, not a certification) This American Heart Association course teaches the lifesaving skills of adult hands-on, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway blocks for adults, children and infants. Skills are taught in a dynamic group environment using the AHA's research- proven practice-while-watching technique, which provides participants with the most hands-on CPR practice time possible.

Comments: No renewal is required with this course. Per American Heart Association, this course is for the general public; not appropriate for healthcare providers.

Prerequisite: None

Instructional Method: Blended

Instructors: Susan Garrison, RN, BSN; Rebecca Crawford, RRT, BA, Kasandra Acuff, RN, MSN

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$20

Supplies: Book with course participation card.

AHA Heartsaver Pediatric First Aid CPR AED (for Freeman Learning Center employees only) The Heartsaver Pediatric First Aid CPR AED Course is designed to meet the regulatory requirements for childcare workers in all 50 U.S. states. It teaches child providers and others to respond to illnesses and injuries in a child or infant in the first few minutes until professional help arrives. The course covers child/infant CPR, child/infant AED, child/infant choking, and pediatric first aid. Adult modules in CPR, AED and choking are optional.

Comments: No renewal is required with this course. Per American Heart Association, this course is for the general public; not appropriate for healthcare providers.

Prerequisite: None **Instructional Method:** Blended

Instructors: Susan Garrison, RN, BSN; Rebecca Crawford, RRT, BA,

Required Employee Cost: \$0 **Non-Required Employee/Community Cost:** \$165

Supplies: Book

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